

## Food and Nutrition Services

Food and Nutrition Services is a federal food assistance program that provides low-income families the food they need for a nutritionally adequate diet. Benefits are issued via [Electronic Benefit Transfer cards \(EBT cards\)](#). There are four ways to apply for Food and Nutrition Services (Food Stamps):

1. Apply online with [ePass](#). (<https://epass.nc.gov/citizenportal/application.do>) A video detailing how to complete the ePass process is available online at <https://www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps>
2. Apply in person at your county Lenoir County Department of Social Services (DSS) office.
3. Fill out a [paper application](#) and mail to or drop it off at your county [DSS office](#). Paper applications will also be available for pick-up at the local office or individuals may call the office at 252-559-6400 and request that an application be mailed to you.
4. An application may also be faxed to the agency at 252-559-6381.

Medicaid or Health Choice may be available to people who are:

- Age 65 or older
- Blind or disabled
- Infants and children under the age of 21
- Low-income individuals and families
- In need of long-term care
- Receiving Medicare

You also must:

- Be a US citizen or provide proof of eligible immigration status (individuals only applying for emergency services are not required to provide documentation of immigration status)
- Live in North Carolina, and provide proof of residency
- Have a Social Security number or have applied for one

To apply for **Medicaid**

1. Apply online with [ePass](#). (<https://epass.nc.gov/citizenportal/application.do>) A video detailing how to complete the ePass process is available online at [medicaid.ncdhhs.gov/medicaid/get-started/eligibility-medicaid-or-health-choice](https://www.ncdhhs.gov/medicaid/get-started/eligibility-medicaid-or-health-choice).
2. Apply in person at your county Lenoir County Department of Social Services (DSS) office.
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## **CIP/Energy Programs**

CIP program is based on temperature

50 degrees – 5 and younger, 60 and over

40 degrees or lower – over 5 and under 60

Bill must be within three (3) days of disconnect

Need copy of bill

Need proof of income

Clients may apply during working hours of 8-12.

Clients should contact the office at 252-559-6295 or 252-559-6296 for additional questions, information or concerns.

All other Emergency Assistance Programs – Clients can apply during hours of operation.

## **NEMT – Medical Transportation**

1. Request travel assistance during working hours of 8 – 12
2. Use message line – (252) 559-6280 to request assistance with transportation needs.
3. Clients should contact the office at 252-559-6270, 252-559-6272, or 252-559-6273 for additional questions, information or concerns.